



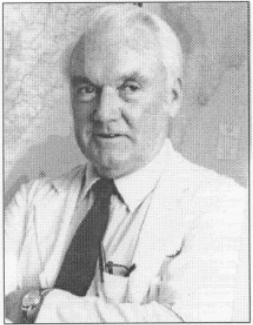
# Unmet Biological Needs in ITP

**JOHN W. SEMPLE**

PROFESSOR OF TRANSFUSION MEDICINE, LUND UNIVERSITY, LUND SWEDEN  
PROFESSOR OF PHARMACOLOGY, MEDICINE, AND LAB. MEDICINE, UNIVERSITY OF TORONTO, TORONTO, CANADA



# Harrington-Hollingsworth Experiment



Biography: Dr. William J. Harrington, Sr. (Sept. 21, 1923 - Sept 4, 1992)

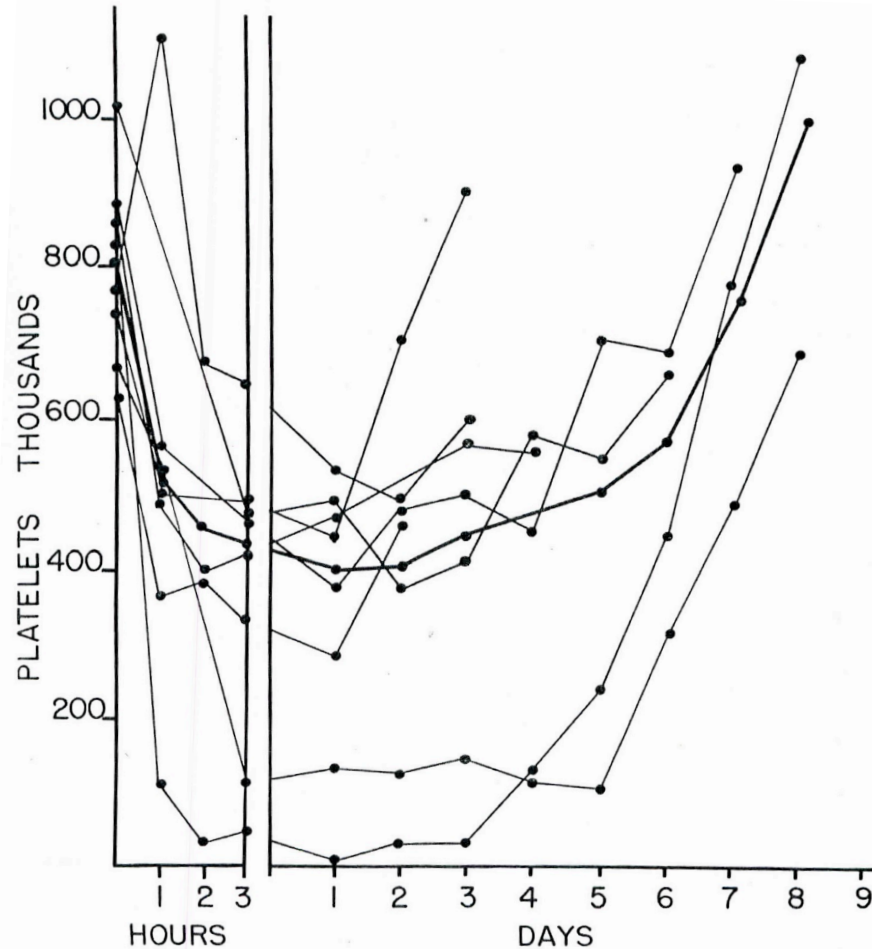


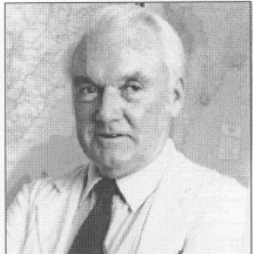
Fig. 1.—Thrombocytopenic effect produced by transfusing 500 c.c. of citrated whole blood or its plasma equivalent from eight patients with thrombocytopenic purpura. Transfusions were given at "0" time. Recipients were healthy laboratory workers or patients with inoperable carcinoma. The mean effect is represented by the heavy line.

**First demonstration that an autoimmune disease can be transferred by plasma**

*Harrington et al, J Lab Clin Med 38:1, 1951*

*Harrington et al: Ann Int Medicine 38:433, 1953*

# Harrington-Hollingsworth Experiment



## DEMONSTRATION OF A THROMBOCYTOPENIC FACTOR IN THE BLOOD OF PATIENTS WITH THROMBOCYTOPENIC PURPURA

WILLIAM J. HARRINGTON, M.D., VIRGINIA MINNICH, M.S.,  
JAMES W. HOLLINGSWORTH, M.D., AND CARL V. MOORE, M.D.  
ST. LOUIS, MO.

### THROMBOCYTOPENIC FACTOR IN BLOOD

9

Biography:  
1923 - Ser

sible that the frequent relief of thrombocytopenia by splenectomy is due in part to a decrease in the rate of platelet destruction sufficient to permit the marrow to compensate for the platelet-removing effect of the thrombocytopenic factor. Much more experience will be needed before all possibilities can be adequately evaluated. Idiopathic thrombocytopenic purpura may not be a single entity, but a syndrome in which more than one pathogenic mechanism may be involved. The role of the spleen, and of the spleen-bone marrow interrelationship still lacks precise definition.

Fig. 1.—Thrombocytopenic effect produced by transfusing 500 c.c. of citrated whole blood or its plasma equivalent from eight patients with thrombocytopenic purpura. Transfusions were given at "0" time. Recipients were healthy laboratory workers or patients with inoperable carcinoma. The mean effect is represented by the heavy line.

*Harrington et al, J Lab Clin Med 38:1, 1951*




















*Harrington et al: Ann Int Medicine 38:433, 1953*

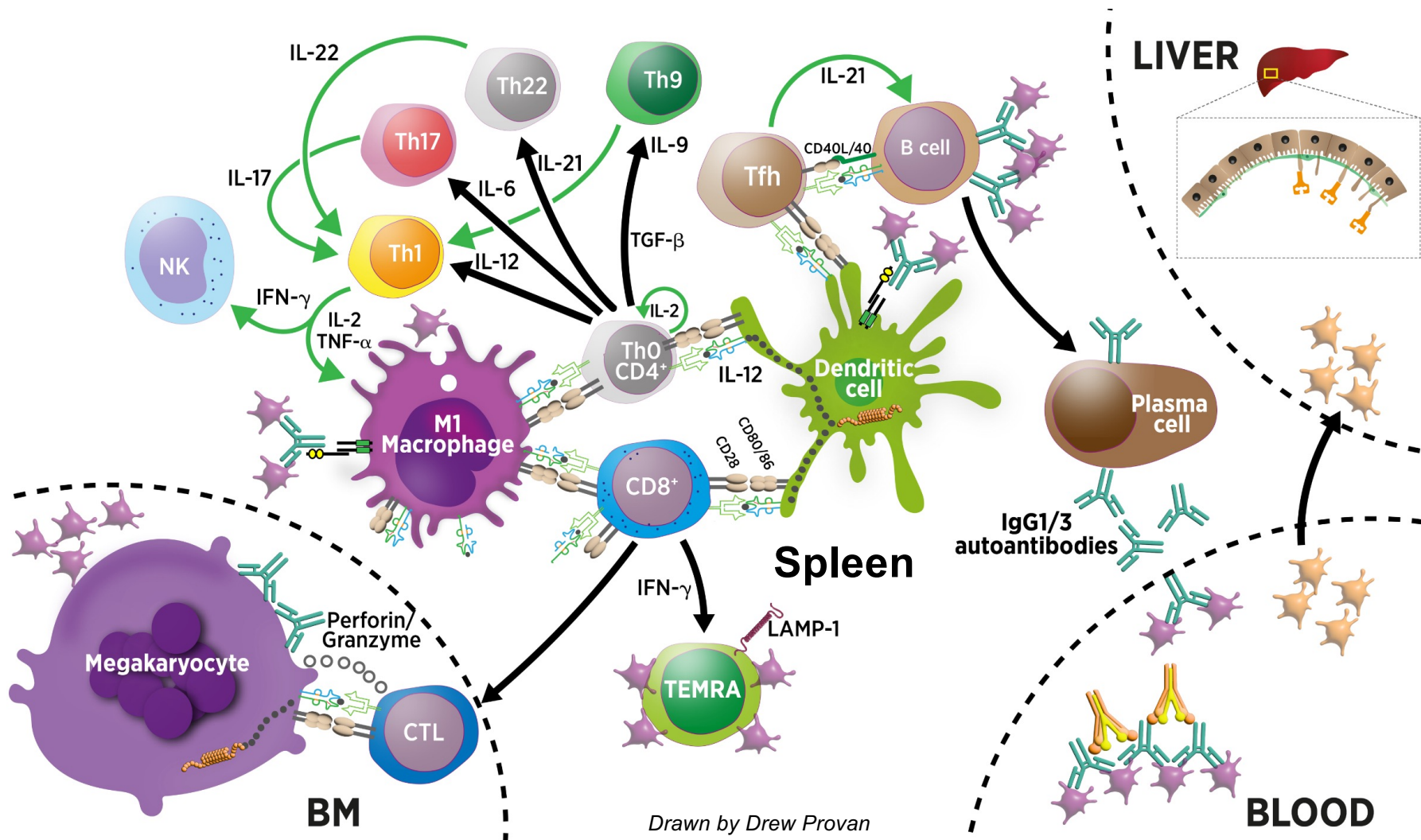


# In ITP

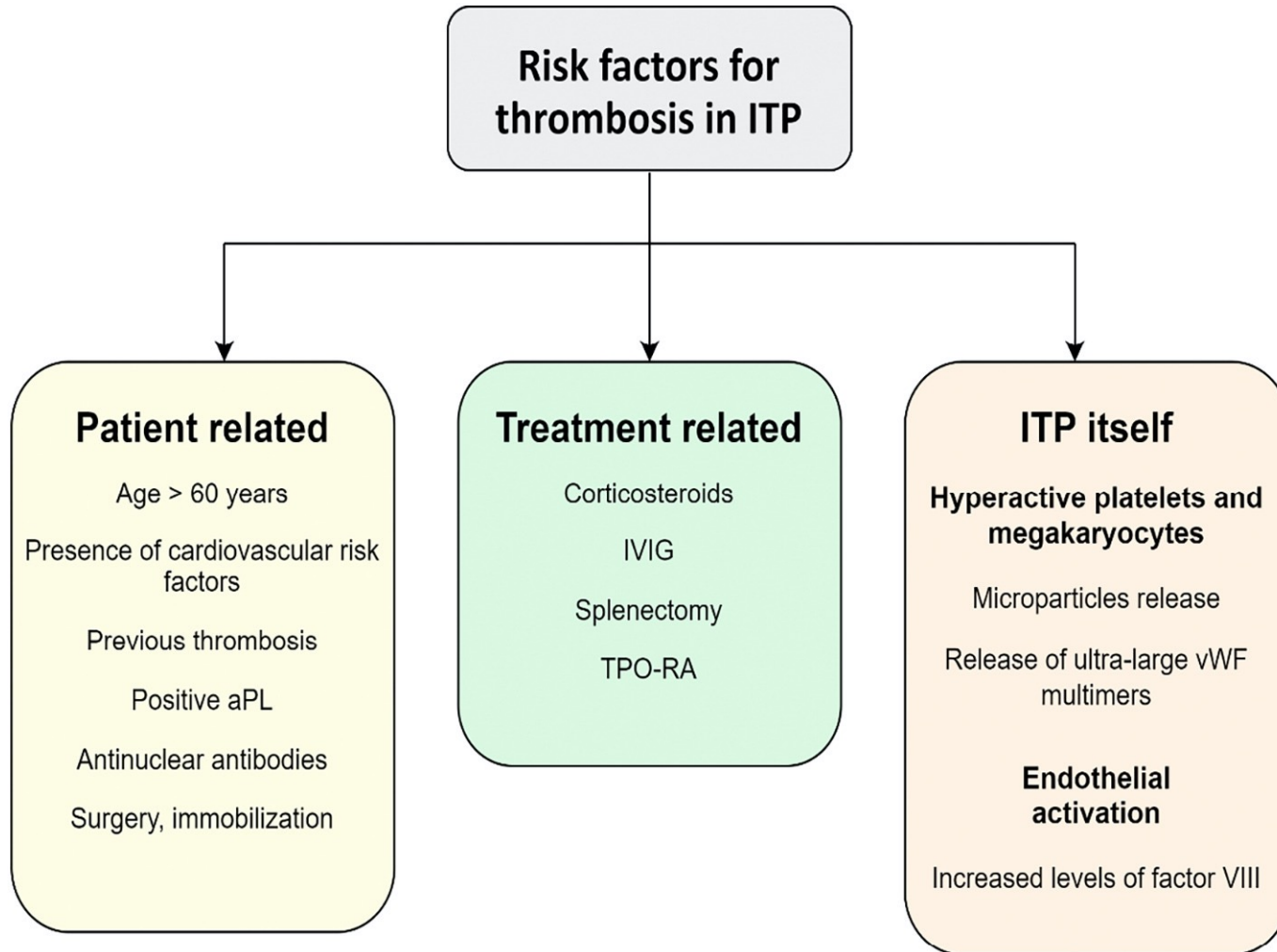
## Lack of tolerance leads to significant immune dysregulation

Fig 1 Legend

-  Differentiation pathway
-  Cytokine stimulation pathway
-  Platelet
-  Desialylated platelet
-  Platelet peptide
-  MHC Class II
-  MHC Class I
-  T cell receptor
-  CD40
-  CD40L
-  CD28
-  CD80/86
-  Fc receptor
-  Complement
-  Proteasome
-  Anti-platelet antibody
-  LAMP-1 (CD107a)
-  Ashwell-Morell receptor
-  Perforin/Granzyme

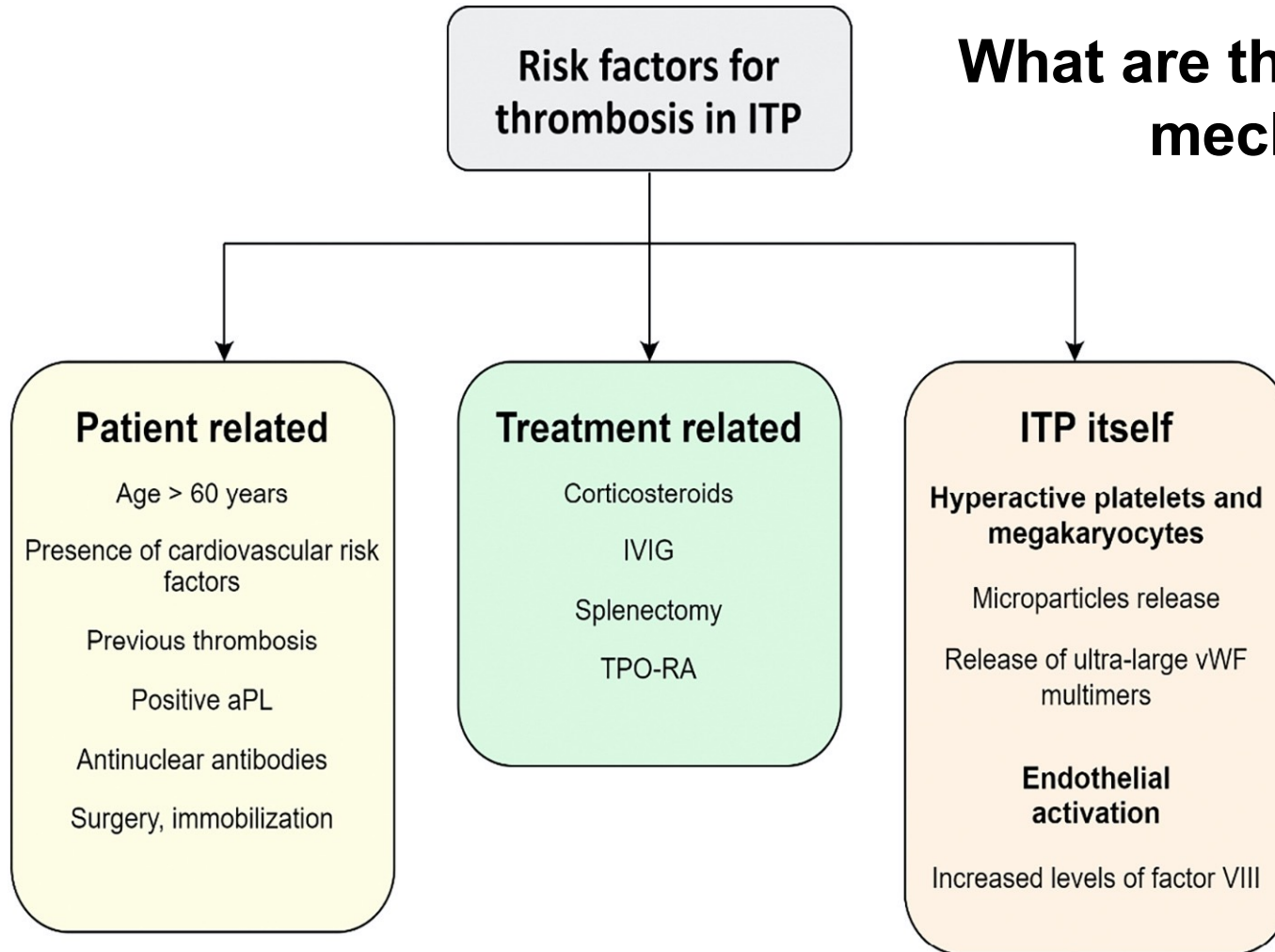


# The ITP paradox

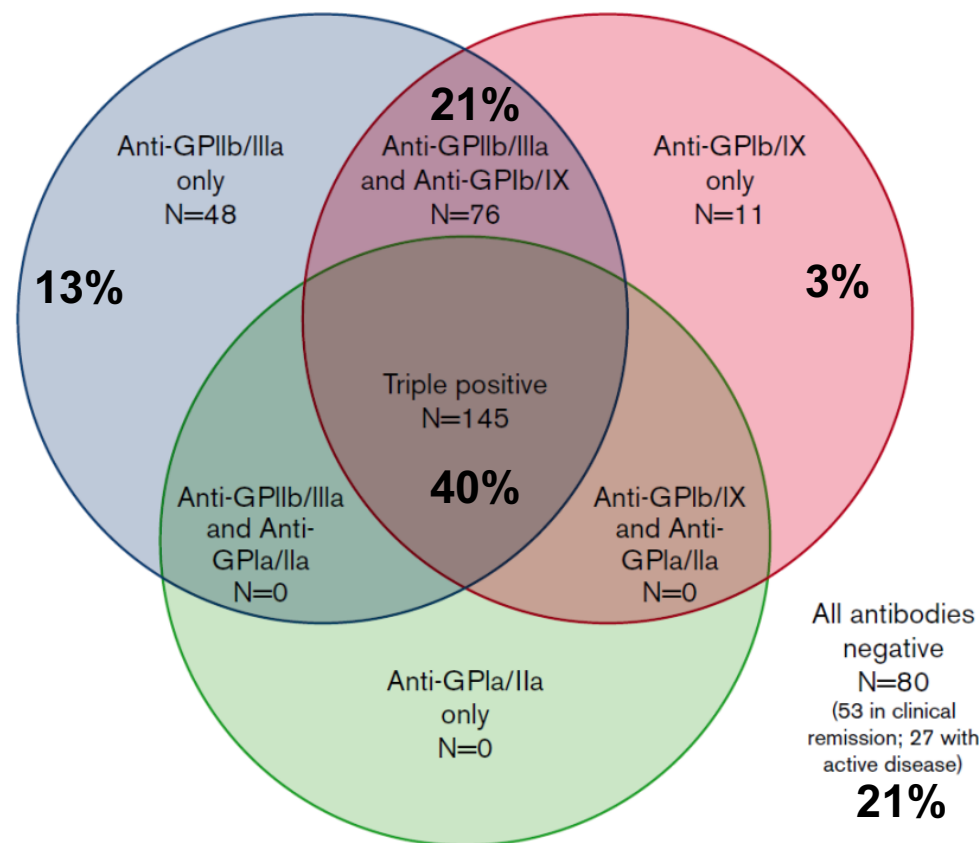
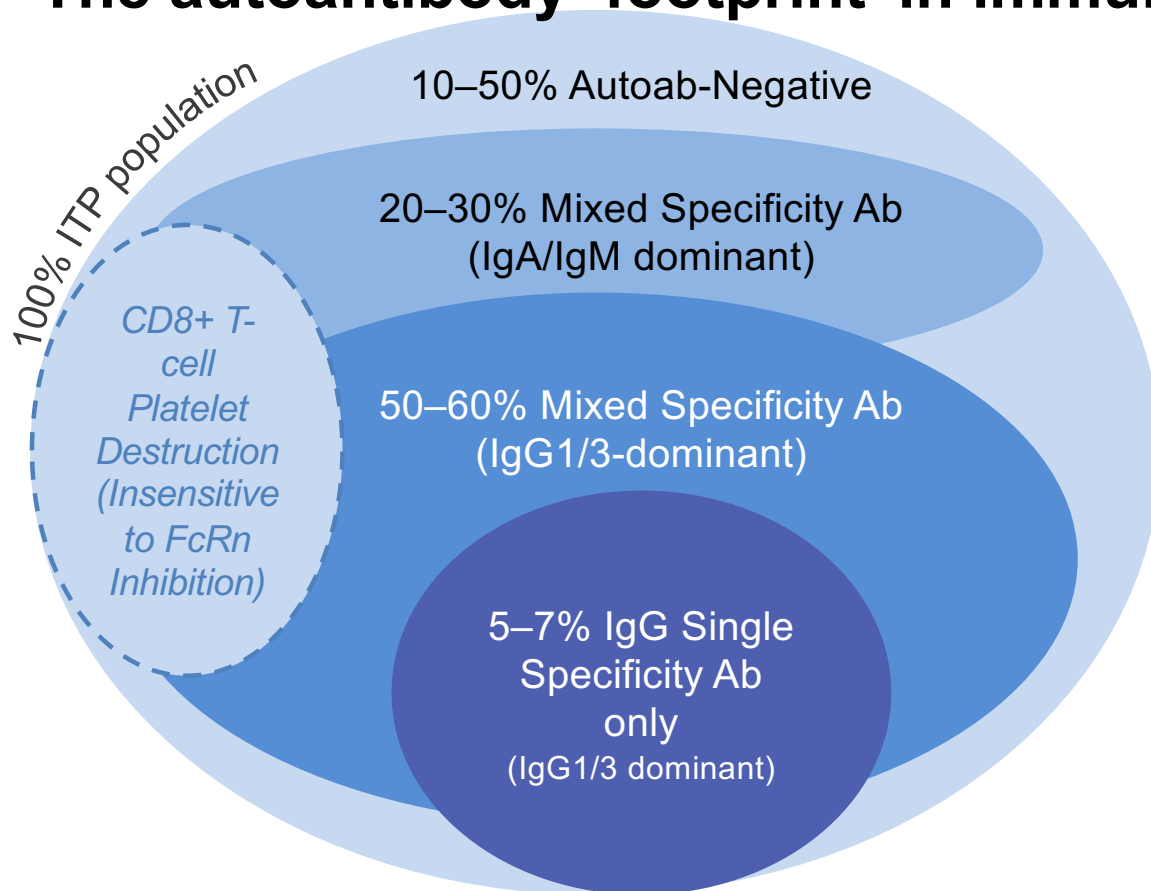


# The ITP paradox

**What are the immunoinflammatory mechanisms for this?**



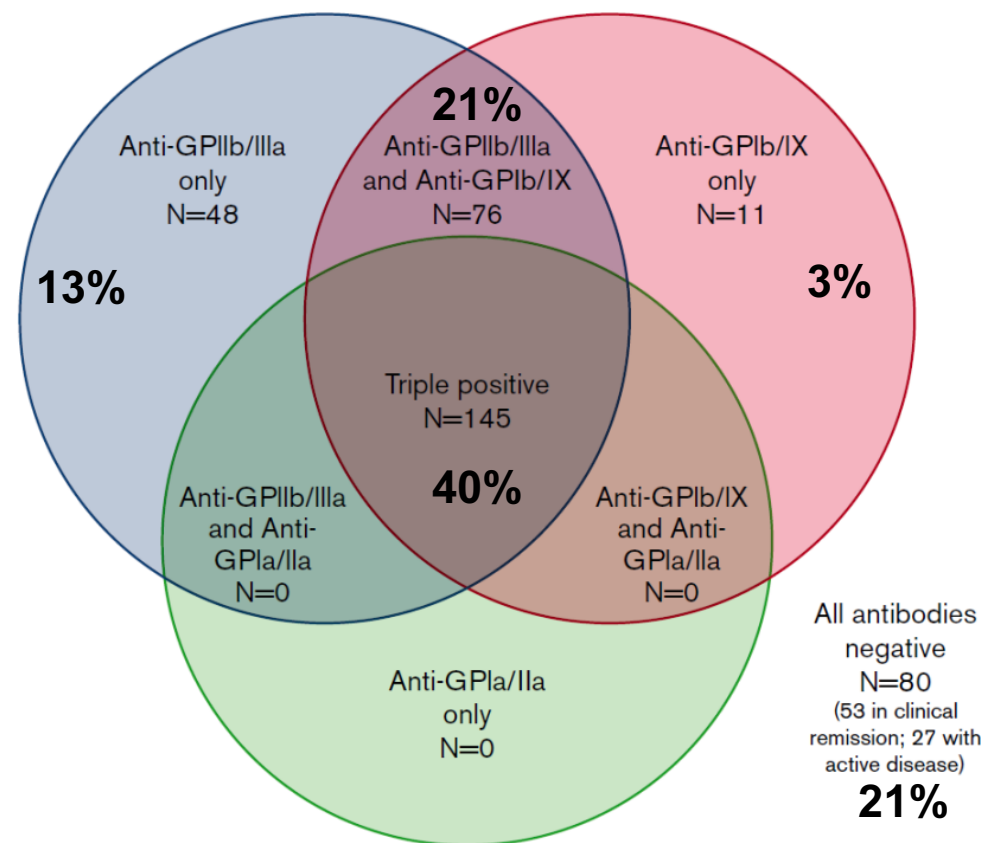
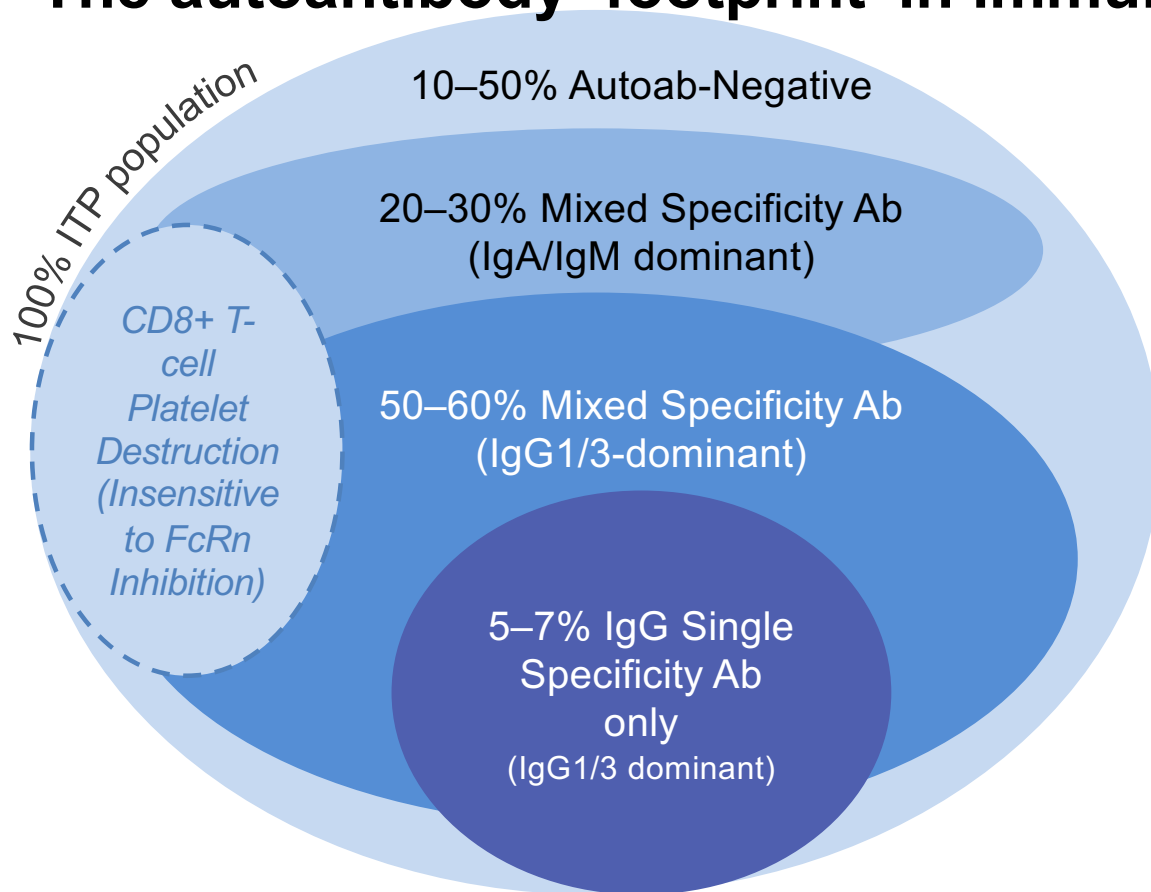
# The autoantibody 'footprint' in immune thrombocytopenia:



Results of PA assays in patients with ITP (360 assays total in 260 patients).

1. Chan H et al. *Br J Haematol* 2003;122:818–24; 2. He R et al. *Blood* 1994;83:1024–32; 3. McMillan R. *Semin Hematol* 2000;37:239–48; 4. Porcelijn L et al. *Bailliere's Clin Hematol* 1998;11:331–41; 5. Stahl D et al. *Eur J Haematol* 2005;75:318–27; 6. Zhao C et al. *Haematologica* 2008;93:428; 7. Guo L et al. *Blood* 2006;127:735; 8. Nishioka T et al. *Cytometry B Clin Cytom* 2005;68:37–42; 9. Hymes K et al. *Blood* 1980;56:84; 10. Olsson B et al. *Nat Med* 2003;9:1123–4; 11. Al-Samkari H et al. *Blood Adv* 2020;4:9–18; 12. Porcelijn L et al. *Br J Haematol* 2018;182:423–6.

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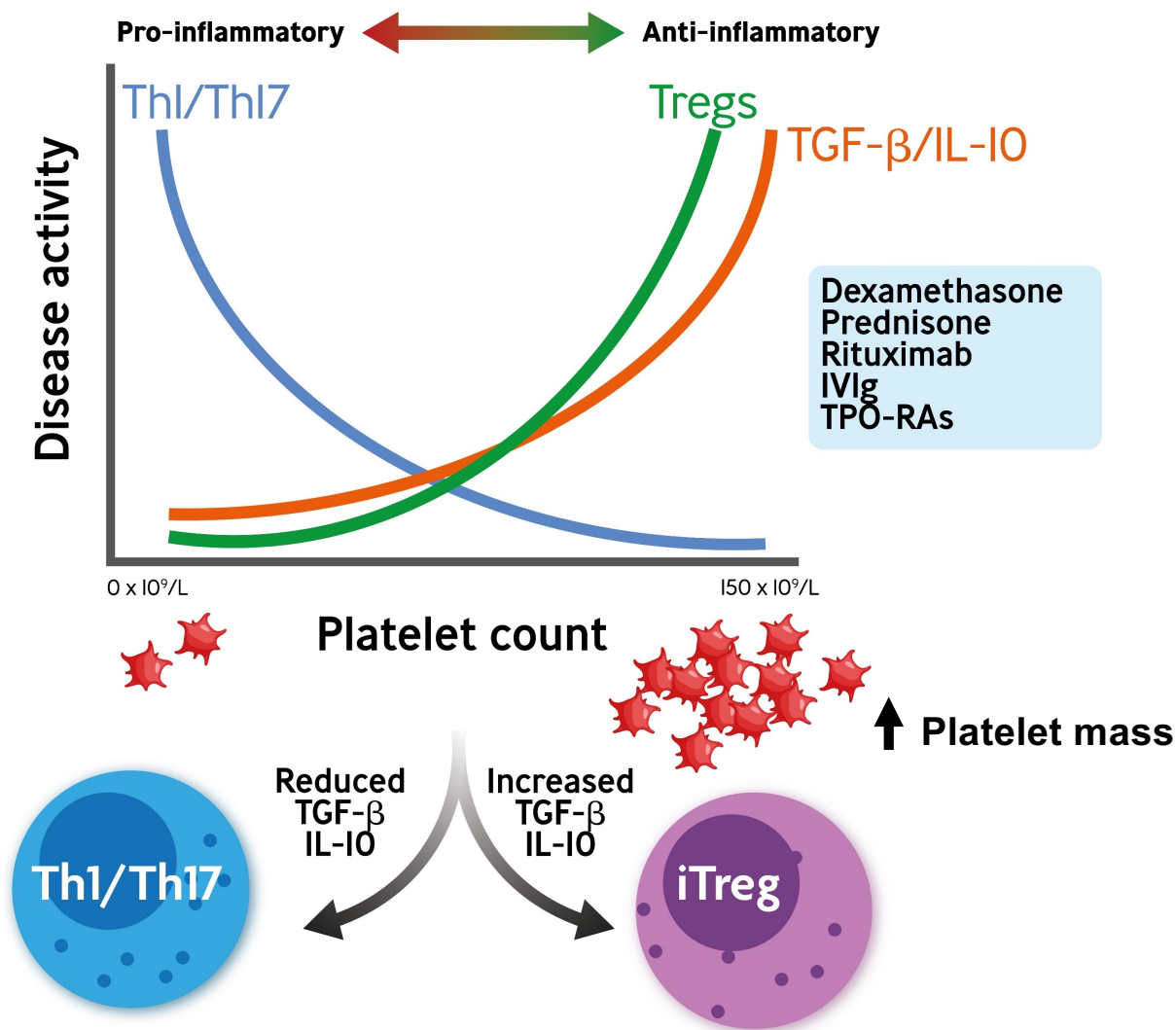
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## Does the antibody isotype or specificity play a role in how platelets are destroyed?

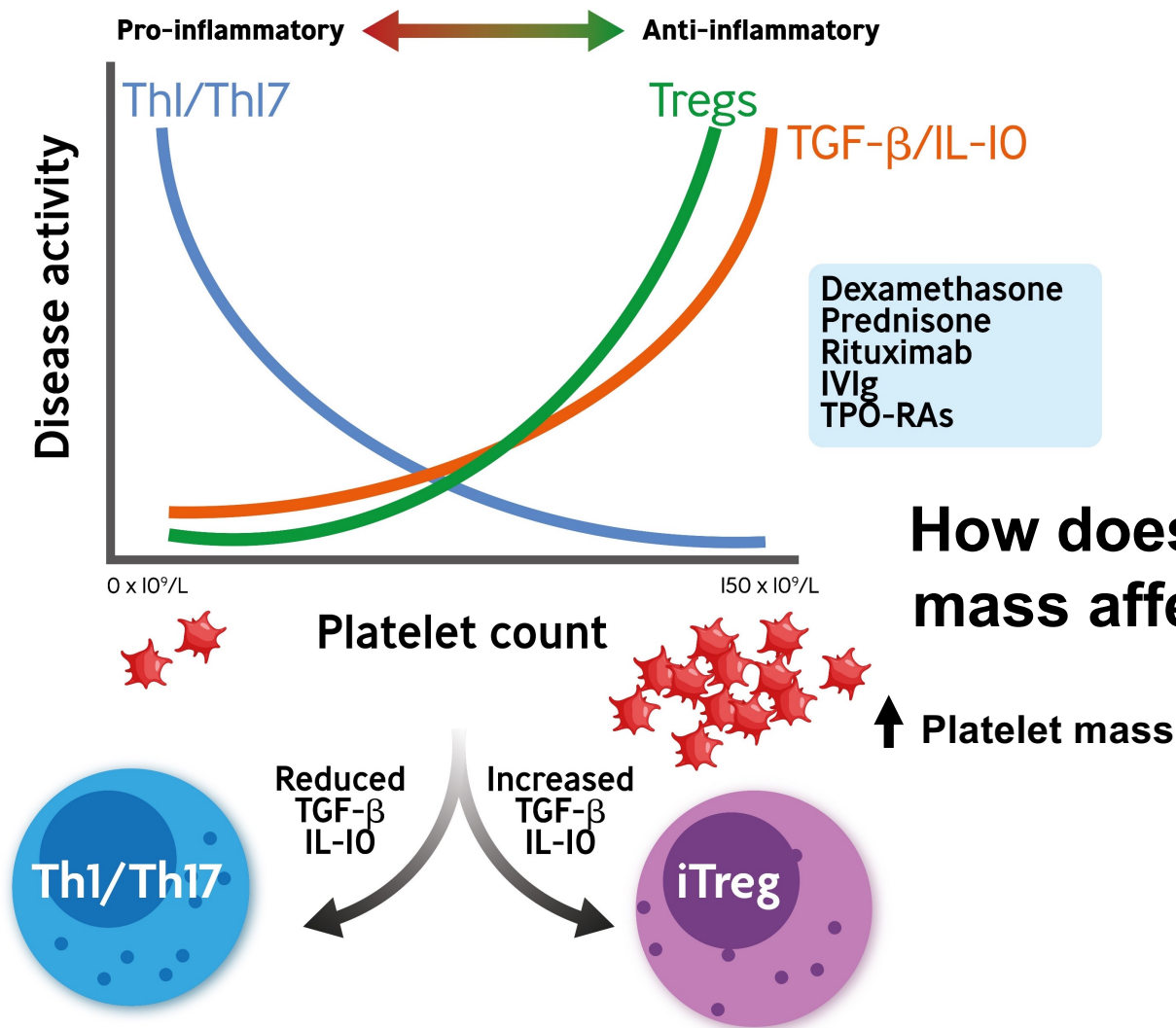
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# Platelet – Treg Relationships in ITP:

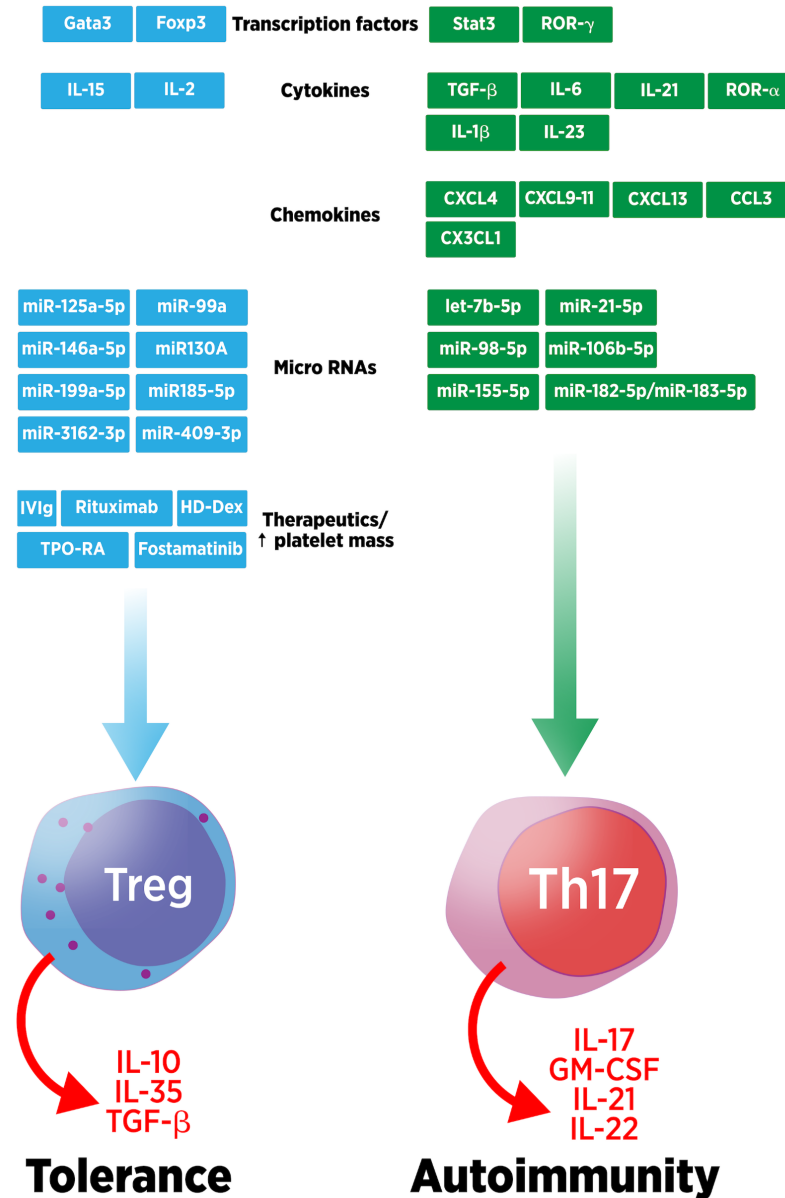


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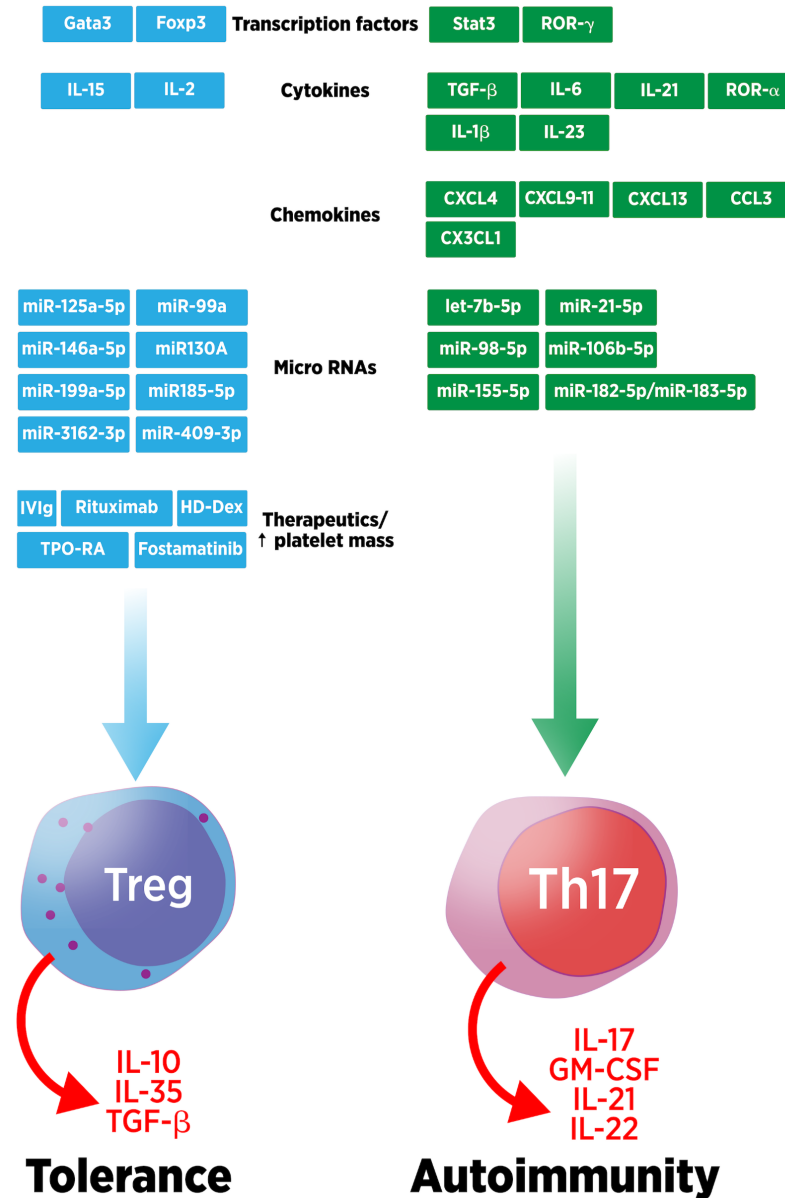
How does the increase in platelet mass affect immunomodulation?

# Factors affecting the Treg/Th17 balance in ITP



# Factors affecting the Treg/Th17 balance in ITP

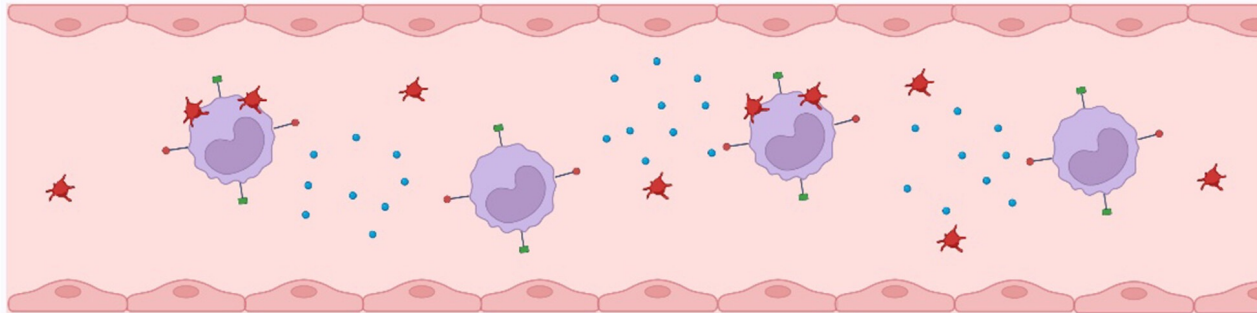
Are these biomarkers?  
Or, associations?



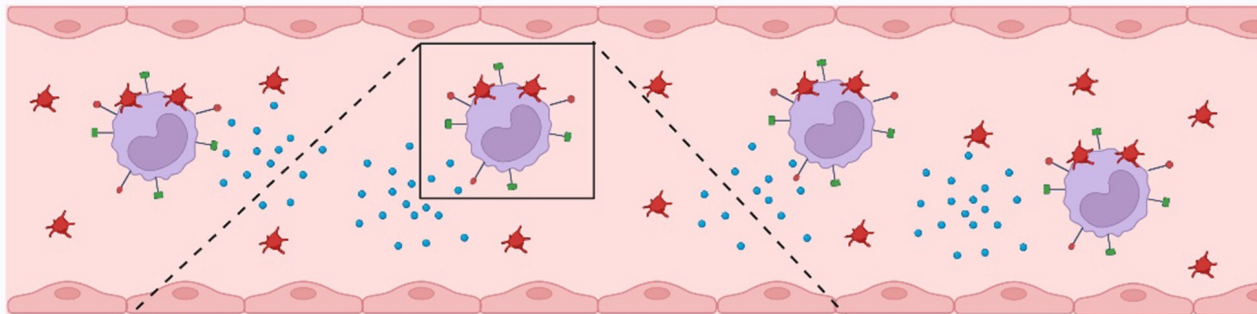


# Increased monocyte/platelet complexes and secretion of IL-10

## Non-responder ELT patients

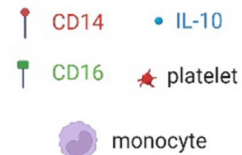


## Responder ELT patients



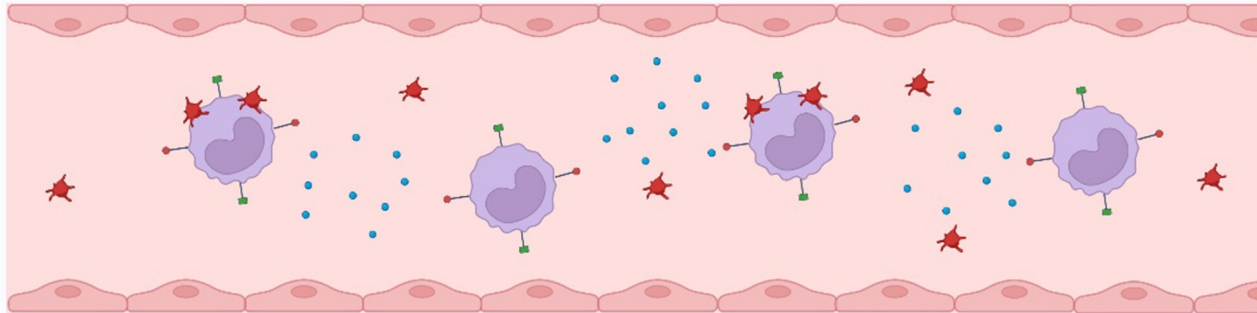
### Monocyte-platelet complexes

- ↑ monocyte-platelet complexes compared to non-responder ELT patients.
- ↑ production of IL-10 with ↑ CD16 and CD14 expression.
- Indicate a better platelet recovery and durable response in ITP patients.

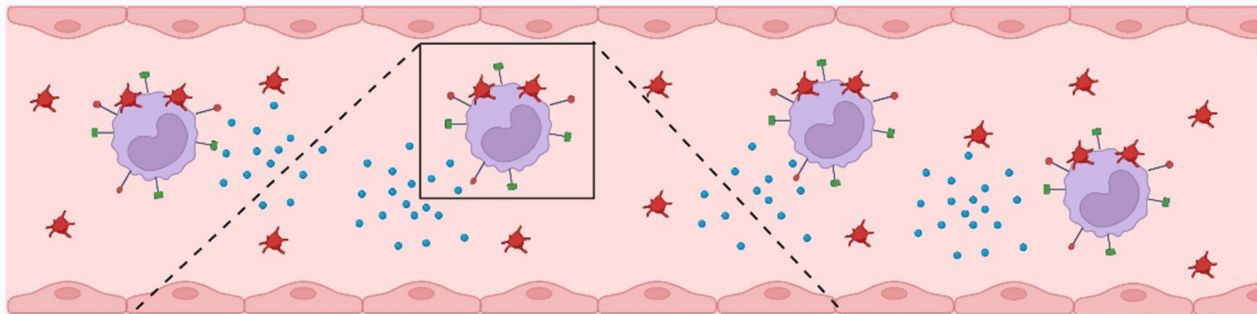


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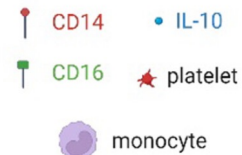


Responder ELT patients



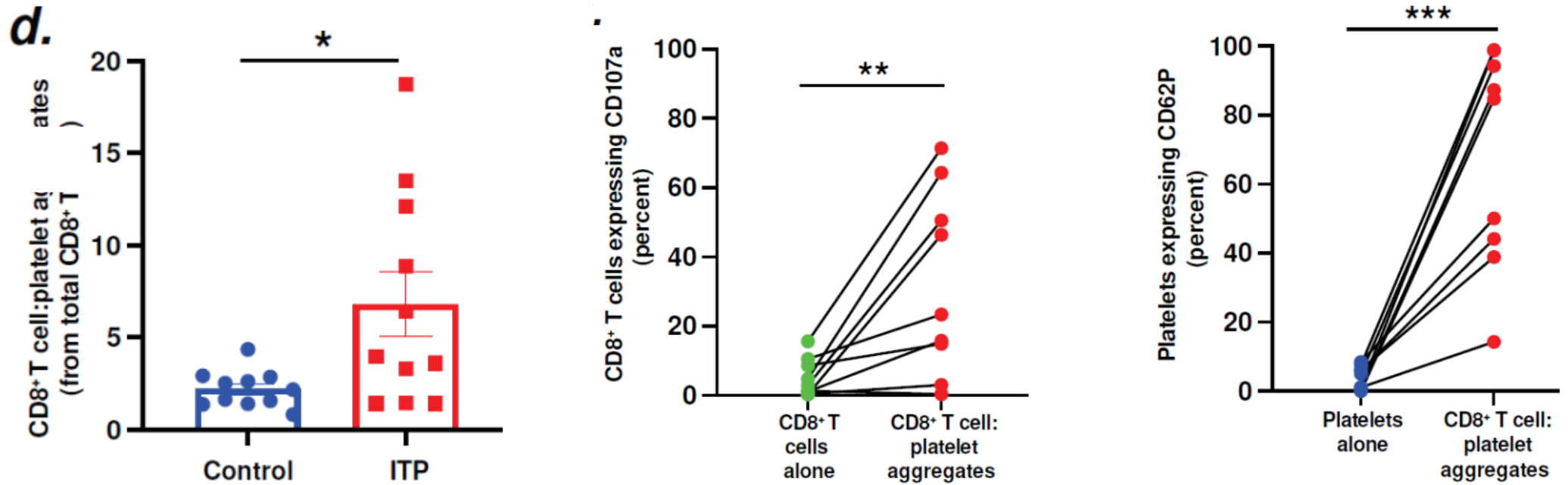
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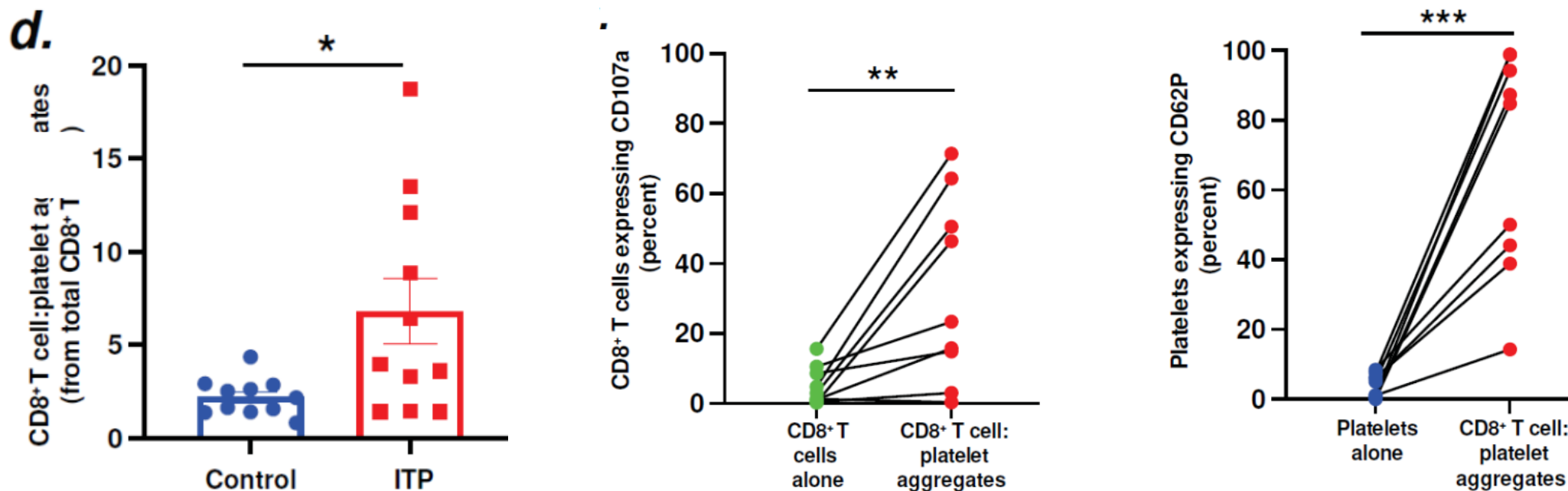


Is this part of the immunomodulation?

# CD8+ T cell: platelet aggregates with increased CD107a and CD62P



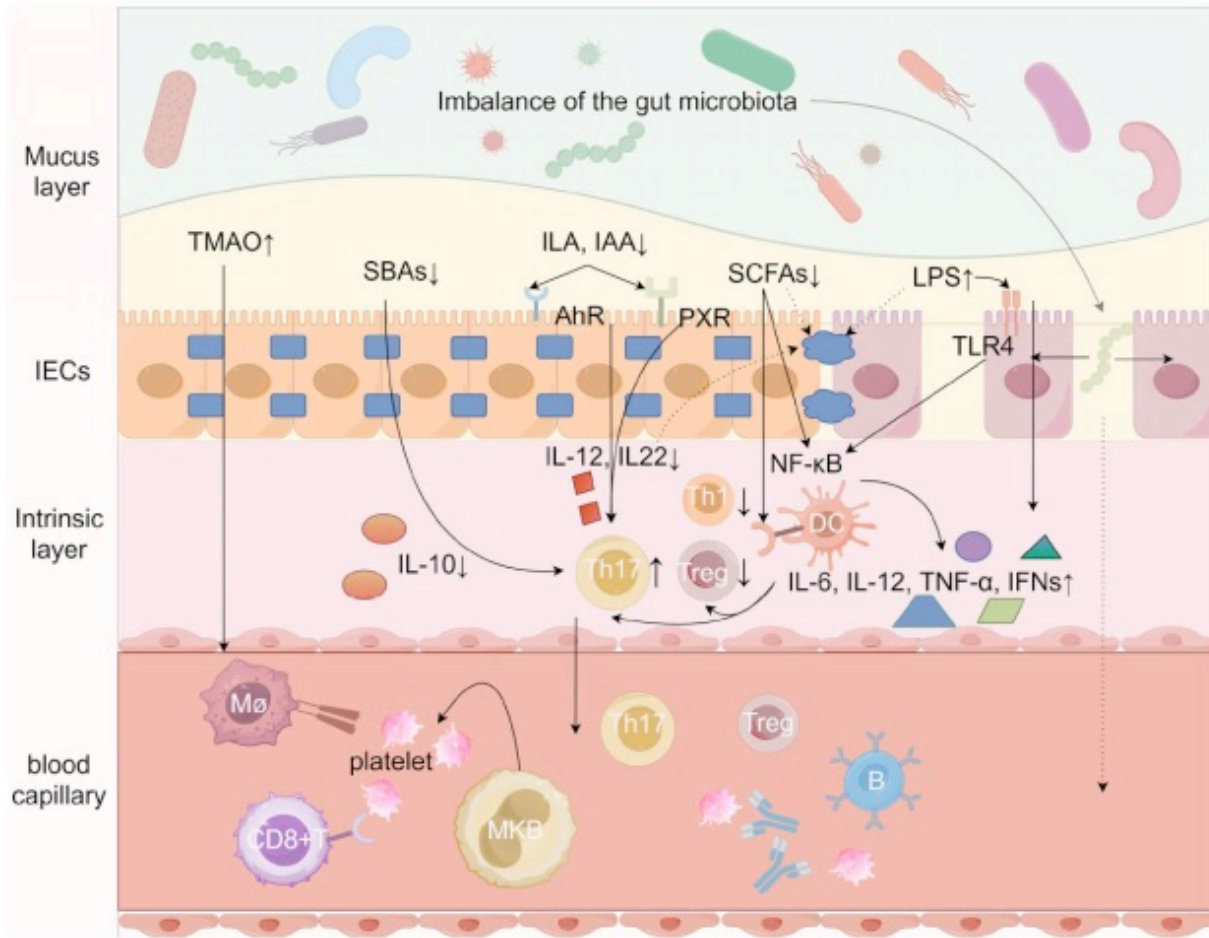
## CD8+ T cell: platelet aggregates with increased CD107a and CD62P



What do these CD8+ T cells do? (Bone marrow?)  
Are they involved in refractoriness?



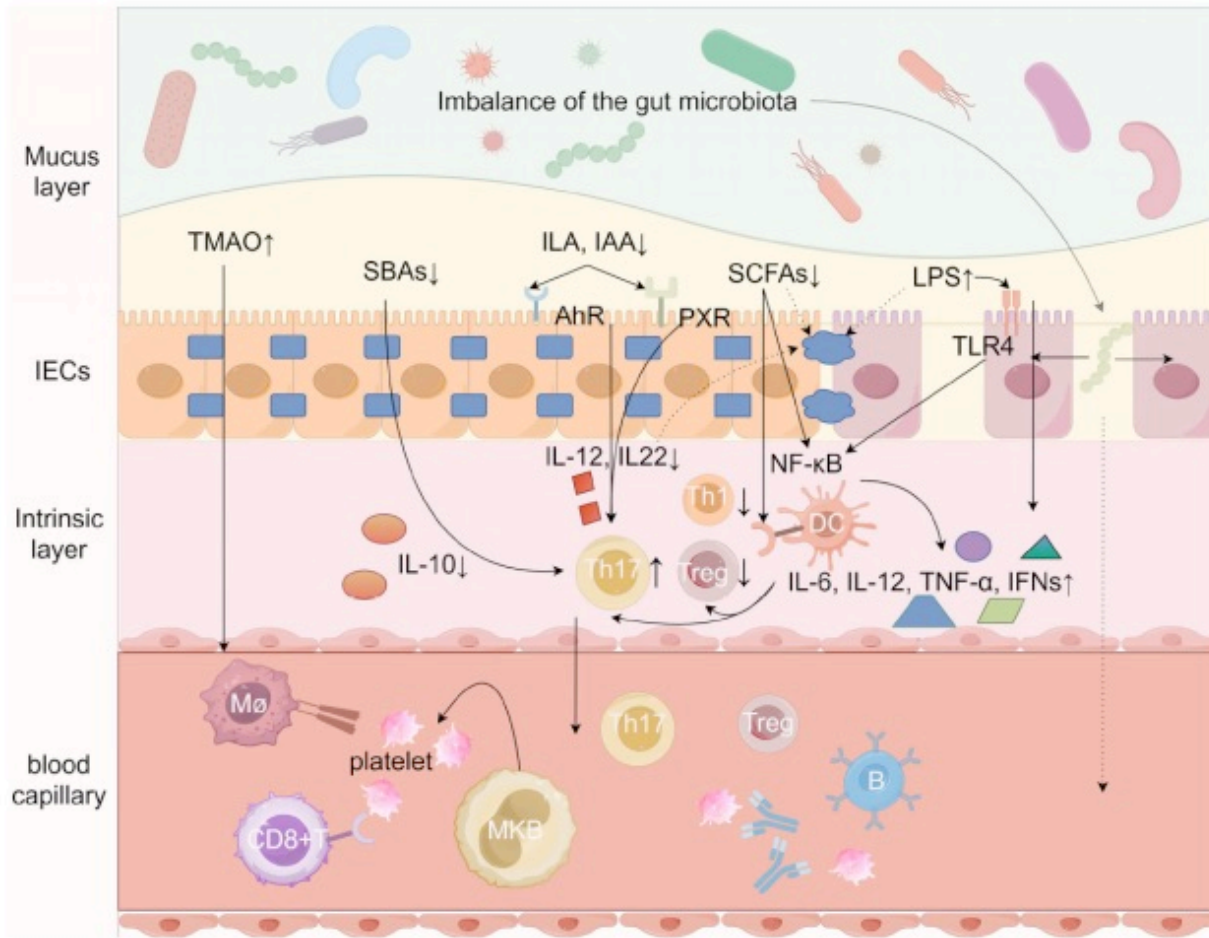
# Potential role of the gut flora in influencing immunity in ITP



LPS, lipopolysaccharides; SCFAs, short-chain fatty acids; TMAO, trimethylamine N-oxide; SBAs, secondary bile acids; ILA, indole-3-lactic acid; IAA, indoleacetic acid; AhR, aromatic hydrocarbon receptor; Th1, helper T-cell 1; Th17, helper T-cell 17; Treg, regulatory T-cell, TLR4, toll-like receptor 4; NF-κB, nuclear factor-κB; mφ, macrophage, IL, Interleukin; PXR, pregnane X receptor.

Zhu G et al. *Front. Microbiol.* 15:1426911. doi: 10.3389/fmicb.2024.1426911, 2024.

# Potential role of the gut flora in influencing immunity in ITP



**Is it as simple as this?  
Antibiotics?**

LPS, lipopolysaccharides; SCFAs, short-chain fatty acids; TMAO, trimethylamine N-oxide; SBAs, secondary bile acids; ILA, indole-3-lactic acid; IAA, indoleacetic acid; AhR, aromatic hydrocarbon receptor; Th1, helper T-cell 1; Th17, helper T-cell 17; Treg, regulatory T-cell, TLR4, toll-like receptor 4; NF-κB, nuclear factor-κB; mφ, macrophage, IL, Interleukin; PXR, pregnane X receptor.

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# ITP Genetic Studies are beginning

## Genetic variants in toll-like receptor 4 are associated with lack of steroid-responsiveness in pediatric ITP patients

Taylor Olmsted Kim<sup>1,2</sup> | Jonathan M. Flanagan<sup>1,2</sup> | Ali Habibi<sup>1</sup> |  
Abinaya Arulsevan<sup>3</sup> | Michele P. Lambert<sup>3,4</sup> | Rachael F. Grace<sup>5,6</sup> |  
Jenny M. Despotovic<sup>1,2</sup> *Kim TO et al. Am J Hematol. 2020;95:395–400.*  
<https://doi.org/10.1002/ajh.25716>

RESEARCH ARTICLE | AUGUST 27, 2024

## Genetic Variants in Canonical Wnt Signaling Pathway Associated with Pediatric Immune Thrombocytopenia

Taylor Olmsted Kim, Jennifer M Geris, Dr, Jonathan Michael Flanagan, Rachael F. Grace, Michele P Lambert, Candelaria O'Farrell, Melissa J Rose, Kristin A Shimano, Omar Niss, Cindy E. Neunert, Taizo A Nakano, Derek MacMath, Bogdan Dinu, Susan E Kirk, Ellis J Neufeld, Jenny McDade Despotovic, Michael E Scheurer, Amanda B Grimes



Blood Adv bloodadvances.2024012776.

## Immune Checkpoint-Related Gene Polymorphisms Are Associated With Primary Immune Thrombocytopenia

Shuwen Wang<sup>1</sup>, Xiaoyu Zhang<sup>1</sup>, Shaoqiu Leng<sup>1</sup>, Qirui Xu<sup>1</sup>, Zi Sheng<sup>1</sup>, Yanqi Zhang<sup>2</sup>, Jie Yu<sup>3</sup>, Qi Feng<sup>1</sup>, Ming Hou<sup>1</sup>, Jun Peng<sup>1\*</sup> and Xiang Hu<sup>2\*</sup>  
*Front. Immunol. 11:615941. 2020.*

## High-throughput sequencing of IgG B-cell receptors reveals frequent usage of the rearranged IGHV4–28/IGHJ4 gene in primary immune thrombocytopenia

Makoto Hirokawa<sup>1</sup>, Naohito Fujishima<sup>2,3</sup>, Masaru Togashi<sup>3</sup>, Akiko Saga<sup>1</sup>, Ayumi Omokawa<sup>1</sup>, Tomoo Saga<sup>1</sup>, Yuki Moritoki<sup>1</sup>, Shigeharu Ueki<sup>1</sup>, Naoto Takahashi<sup>3</sup>, Kazutaka Kitaura<sup>4</sup> & Ryuji Suzuki<sup>4,5</sup>  
*Sci Rep. (2019) 9:8645 <https://doi.org/10.1038/s41598-019-45264-2>*

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**Need sufficiently large sample sizes within informative patient populations (need for collection of well-annotated biomaterials in clinical trials or registry projects).**

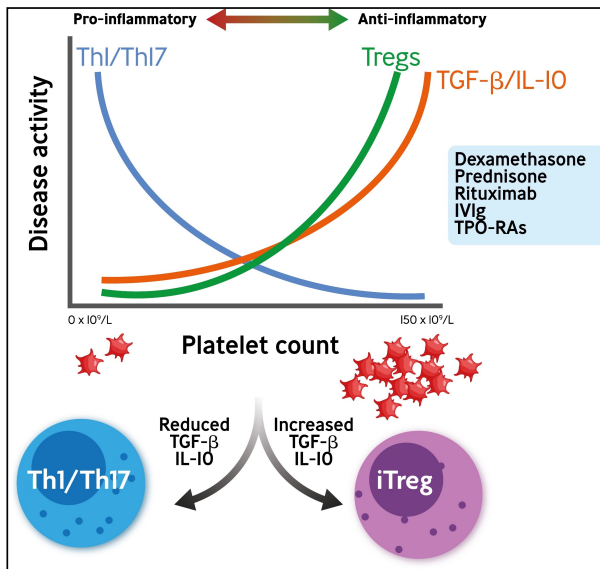
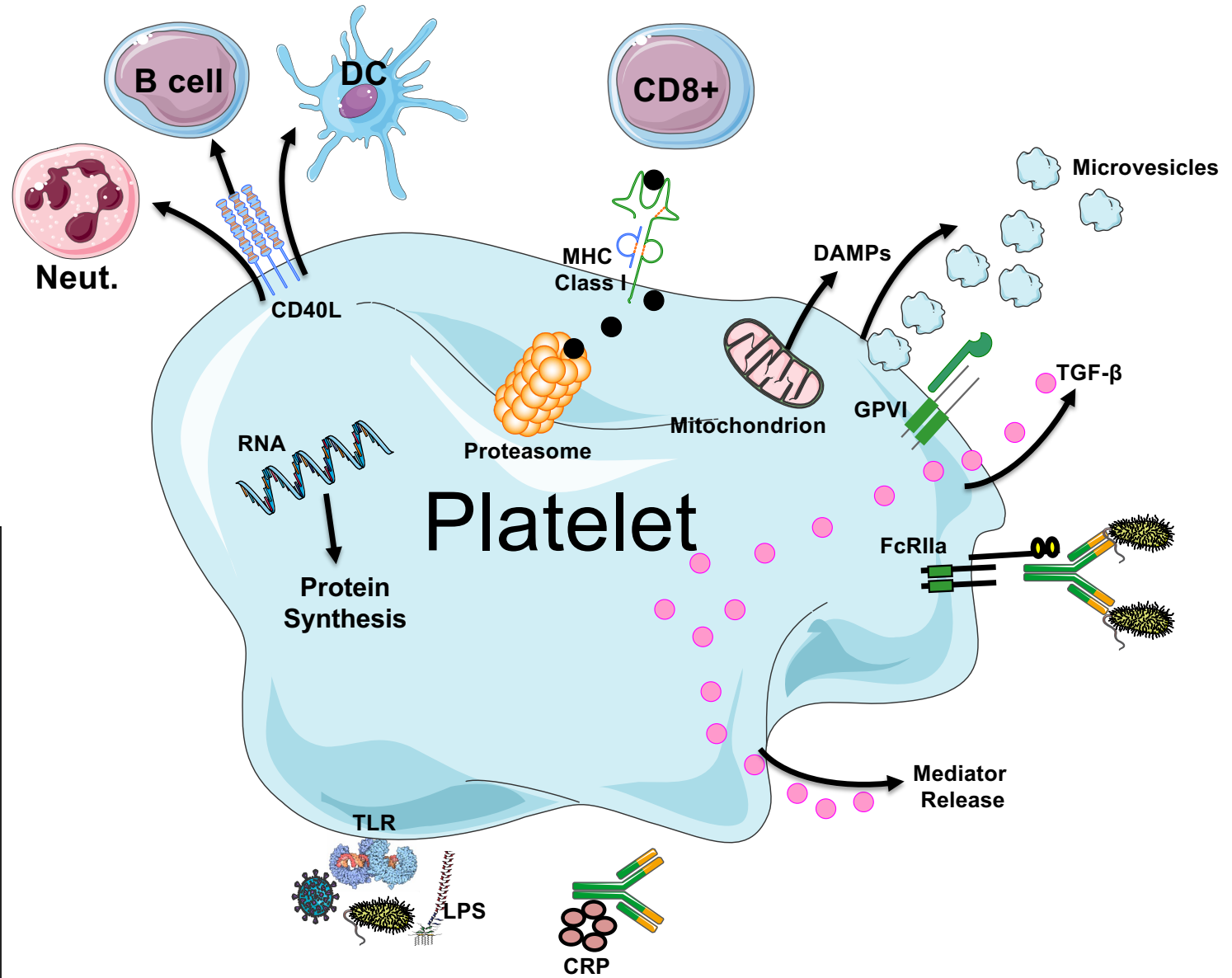
**Need to go beyond performing association studies alone and to establish genotype-phenotype associations, thus proving causality between a genetic alteration and ITP pathogenesis.**  
*Julia-Annabell G et al Blood Adv (2023) 7 (14): 3710–3724.*

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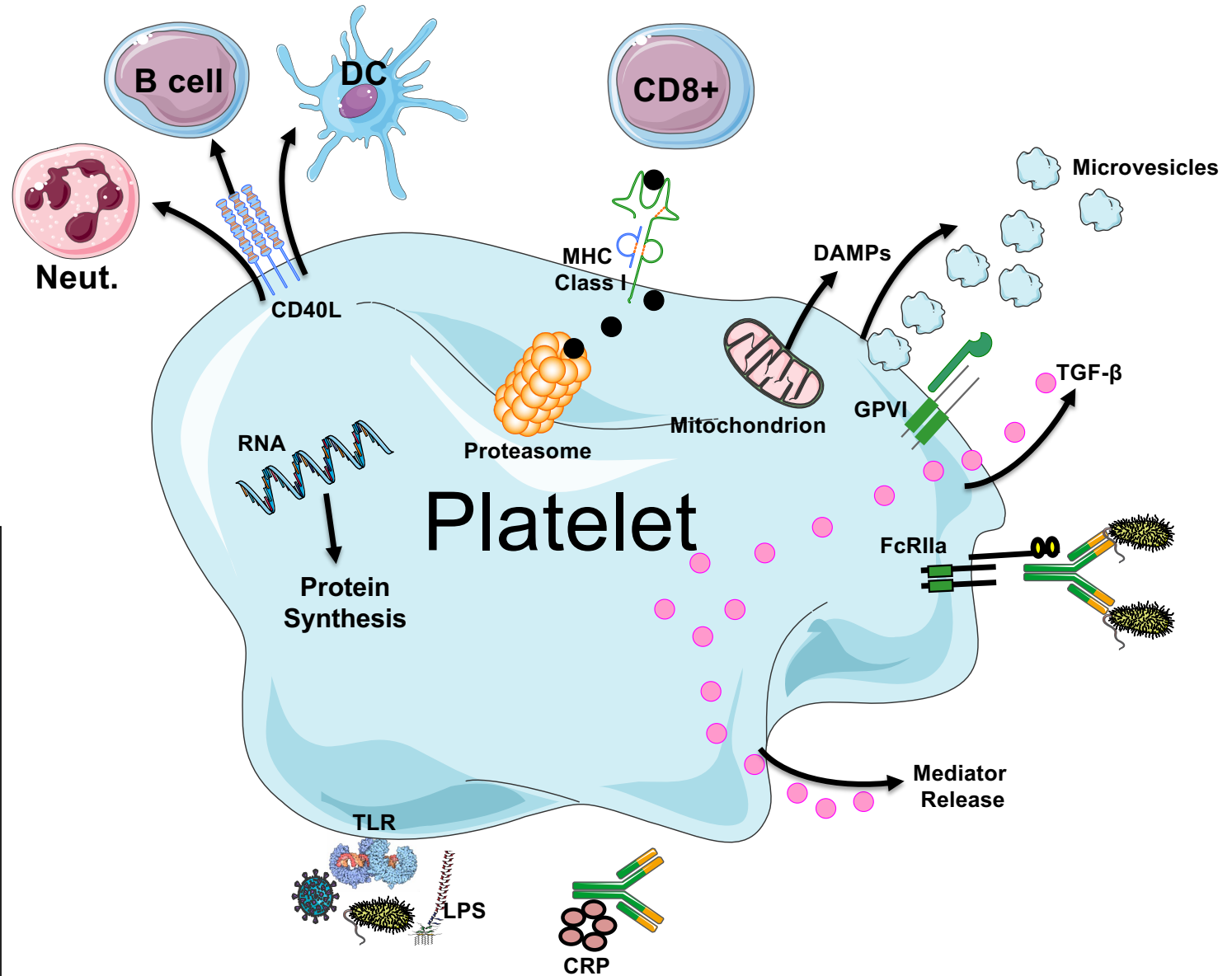
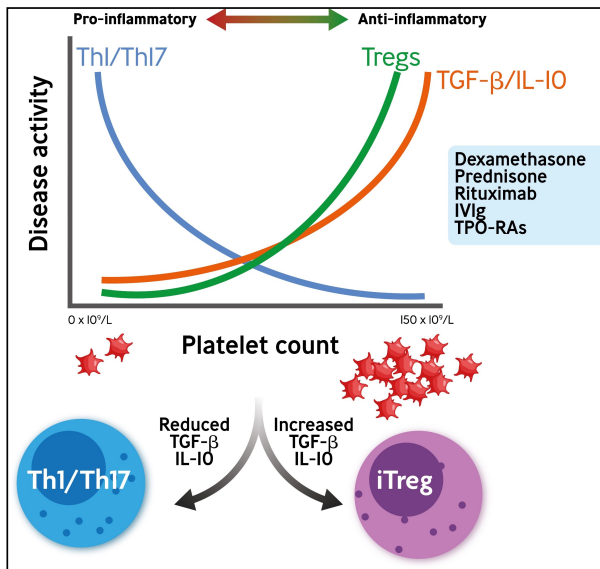
# Platelets are Immune Cells



Adapted from Kapur R et al. *J Immunol* 2015, 194: 5579–5587

# Platelets are Immune Cells

Need to understand how platelets affect their own fate in ITP



Adapted from Kapur R et al. J Immunol 2015, 194: 5579–5587

**A (next to) final thought:**

**Patients with ITP are 3-5 times more susceptible to infections compared with healthy controls.**


**Is this due to the low platelet counts?**

**It's not just bleeding (or clotting)**

# Food for thought

**Investigation on glucocorticoid receptors within platelets from adult patients with immune thrombocytopenia**

*Hematol. 2020; 25: 37–42*

Kam Chau Yung<sup>a\*</sup>, Cheng Wei Xu<sup>b\*</sup>, Ze Wen Zhang<sup>a</sup>, Wen Jun Yu<sup>a</sup>, Qian Li<sup>a</sup>, Xian Ru Xu<sup>a</sup>, Ya Fei Han<sup>c</sup>, Xin Jia Wang<sup>c</sup> and Jun Yin <sup>a,d,e</sup>

## **MK and platelets express:**


- Mpl
- Syk
- Btk
- mTOR
- FcRIIA
- CD40L
- JAK/STAT
- Complement fragments
- BAFF, APRIL, TACI (a few papers)
- CTLA-4, PDL-1 (other checkpoint inhibitors, controversial)
- etc.....



# Food for thought

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- etc.....

**Do platelets play any role  
in ITP refractoriness (a sink)?**

# Conclusions

## **There are still many unmet biological needs in ITP:**

- Pathophysiology clarifications (e.g. Treg/MDSC roles with Th1/Th17 cells, monocyte effects, CD8+ T cell effects etc.). The role of T cells in refractoriness.
- Biological reason(s) for the bleeding and clotting.
- Gut flora issues.
- Genetic studies are still lacking.....NO BIOMARKERS YET.
- The platelets' role in controlling the disease (and potential infections) and refractoriness.

# Acknowledgements

## Semple lab (Lund):

- Johan Rebetz
- Geneviève Marcoux
- Karl Johansson
- Hilma Cederholm
- Johanna Lundin
- Amal Maouia



LUND  
UNIVERSITY



VETENSKAPSRÅDET  
THE SWEDISH RESEARCH COUNCIL



Crafoordska stiftelsen

## Collaborators:

- Drew Provan (London)
- Rick Kapur (Amsterdam)
- Joe Italiano (Boston)
- Ming Hou/Jun Peng (Jinan)

